

# Mole removal and Plantar Warts; Venereal warts

**Moles:** typically come from virus and liver sludge not being cleaned out of the blood.

**The Liver** needs to be cleansed which will take about 6 mo. to a year of doing quarterly cleanses; possibly may need to do liver cleanses every two months.

**Echinacea** Take 6 droppers full three times a day for two weeks while placing sliced **Fresh Garlic** over the planter wart and hold in place with a bandaid; change daily am and pm doing this for two weeks or until the wart loosens around the edges and begins to pull out. Be gentle and let the herbs do the work so that you get the whole root out. Finish the healing process with

**Fresh Aloe Vera** cut side down over the hole left by the wart and it will heal without a scar. Keep this over the wound changing every am and pm until no more redness is visualize

## **Plantar warts:**

- Usually grow on the palm of hands and soles of feet from viral conjugation.
- Use garlic slices over the wart; change am and pm using a bandaid to keep in place.
- Take Echinacea at boosting levels-like 6 droppers full three times day until (approx. two weeks) wart loosen around the edges and begins to pull loose.
- Then use a drawing salve to finish pulling out the long root of the wart.
- Aloe vera (fresh plant) over the open fresh wound

## **Venereal Warts:**

These warts come from sexually transmitted diseases. These diseases you must get rid of first and then the warts will go away. Meanwhile, you can apply Triple Tincture all over the warts vaginally or penally to alleviate the pain and discomfort and help remove them from the skin. Too recover from the venereal disease is covered in another handout.